

Department of Applied Psychology

Faculty CV

Name	Zunaira Arshad
Designation	Lecturer
Education	<ul style="list-style-type: none">● MS Clinical Psychology, NUST, Islamabad/Pakistan (2016-2019)
Professional Experience	<ul style="list-style-type: none">● Lecturer, Department of Applied Psychology, Islamabad/Pakistan (2020-present)
Research Interests	<ul style="list-style-type: none">● Clinical Psychology● Health Psychology● Interventions based
Publications/Conferences	None
Honors/Grants (if any)	None
Workshops/Trainings (if any)	<ul style="list-style-type: none">● EMDR● ACT (facilitator: Chris Worfolk)● Trauma-informed coaching (The center of healing)● Solution-Focused Brief Therapy Training● International Conference on Mental Health and Wellness, 2023, Austria.